

Northeast Wisconsin Unit of the Herb Society of America



the Herbal Thymes



June 2010

www.newhsa.org

Year 11

Post Office Box 277 - Seymour WI 54165

NORTHEAST WISCONSIN UNIT BOARD AND CHAIRS

Co-Chairman: Yvonne Haworth 920-336-0664
Sandy Jacques 920-465-3487

Vice Chair: Jackie Johnson 920-246-7377

Board: Marlene Garvey
Nancy Helbick

Book Club: Sandy Jacques
Historian: Kristin Urban

Crafts Chair: Marlene Garvey
Editor: Jackie Johnson

scentedgardens@msn.com

Frontier Coordinator: Patty Bellin - 920-339-0665

GBBG Gardens: Sandy Jacques

Website: Tracy Forbes

Garden Fair 2011

Meeting Notes

We had a successful Annual Meeting in May. The members' request of less business at meetings will be accomplished with the changes we approved. We also made changes in our membership requirements: A visitor must attend three meetings prior to applying for membership. The visitor must have a member sponsor them, and that member will become a mentor of sorts for the year to the new member. Each member may only sponsor one new member a year. Dues are due by 1 June.

We also are requesting ten hours of service per year, which can be attending five meetings, writing articles or supplying recipes or other information to the newsletter, working events, etc. This is all in addition to our Dues Reduction Program, which we voted to remain at \$500 again for 2010-2011. We expanded the Dues Reduction program to give full credit to officers and Board members who successfully fulfill their job duties for a year, give credit to meeting hostesses.

We now allow for co-officers, one year terms and allowing an officer to take on a trainee.

We defined "competing herb club" as a club in the same city, working in the same garden and using the same membership base. A conflict of interest clause was put in our bylaws due to an unfortunate incident several years ago where a local non-affiliated herb group (in the same city, working in the same garden and using the same membership base) specifically requested the Executive Director of the Green Bay Botanical Garden remove us from maintaining our three herb beds, and give all six herb beds to them. While anyone can join any club they want, we felt belonging to that group, and being on our Board would be a conflict of interest as it would put the member in a very difficult position, and be of concern and create suspicion to other members in our Unit. (Luckily the Executive Director said no to that group and we kept our three beds to maintain.)

The Board meetings are open to any club member. Due to key problems, we will be having many of our meetings in member's homes.

We have a complete schedule for all meetings until May of 2011 - which includes making horse radish, sauerkraut, soap, and a Mediterranean Diet class. Location and treats have all been scheduled as well, to cut down on business at meetings. The schedule is in this newsletter - please save for future reference.

The Garden Fair schedule is in the newsletter. If you have plants ordered, please come to the setup on Thursday night and pick them up.



Agenda

Meeting and Garden walk at Marlene Garvey's at 6:00 - please call for directions.

Welcome & Introductions

Any Reports

Adjourn

Dues Reduction Program 2010-2011

Herb Day Event	Marlene, Yvonne, Sandy, MaryC, PattyN, Hilaire, Kristin, NancyE, Tracy, Jackie, NancyH, PattyB
Garden Fair Setup	
Garden Fair Workers	
Fairy Fest Workers	
Garden Work 1 (3of5)	
Garden work 2	
Garden work 3	
Garden work 4	
Garden work 5	
Fall Event	
6 articles, recipes etc for newsletter	
Heritage Hill decorations	
Decorate HH	
Take down HH	
Frontier Orders	PattyB
4 of 6 Book Thymes	
Chairs	Marlene(Crafts), Sandy (HeritageHill), Yvonne(Herb of Year Bed), Sandy (Butterfly Bed), Jackie (Medicinal Bed) Sandy (Book Club), Tracy (Fairy Fest 2010)
Crafts 1	
Crafts 2	
Perfect meeting attendance	May: Yvonne, Sandy, Jackie, Erin, PattyN, PattyB, Hilaire, Kristin, Minne, NancyH, Tracy, MaryC, NancyE June:
Sponsor new member	
PR Coordinator	
Newsletter Ed	Jackie
Website	Tracy
Officer	Yvonne, Sandy, Jackie
Board member	Marlene, Nancy
Meeting Hostess	

If you participated in one of the above events and your name is not on the list, please contact Jackie ASAP to be added. This list determines dues reduction amount at year end.

COOK'S CORNER

Patty's Rhubarb Cake

1 yellow cake mix.. as directed
3 cups chopped rhubarb over the batter
3/4 cup sugar over the rhubarb
1- 1.2 pint heavy/whipping cream poured over the sugar.
Bake at 350 for 35-40 minutes until golden brown on top can be served with cool whip or strawberries or blueberries

Sandy's Rhubarb Crumble

1 cup brown sugar
 $\frac{3}{4}$ cup oatmeal
1 cup flour
1/3 cup melted butter
1 tsp cinnamon
1 cup sugar
2 T cornstarch
1 cup water
1 tsp vanilla

Mix brown sugar, oatmeal, flour, butter and cinnamon until it crumbles. Press half into a 9" square pan. Cover with 4 cups diced

rhubarb. Mix sugar, cornstarch together. Add water and vanilla. Cook until thick and clear. Pour over rhubarb, sprinkle with remaining brown sugar mixture on top. Bake at 325 for 1 hour. Serve with whipped cream or ice cream.

Shaker Pease Porridge

From the Shaker Cook Book

2 cups split peas
1 quart stock
2 onions or leeks, diced
2 diced carrots
2 stalks cutup celery
1 diced turnip
1 tsp salt
 $\frac{1}{4}$ tsp pepper

Soak peas overnight. Simmer in stock for 2 hours, add the rest of the ingredients and cook slowly for an hour. Pass through a course sieve and serve with rye bread.
Serves 4.

THOUGHT FOR THE MONTH:

If you want to be happy for an hour, have a party. If you want to be happy for a week, kill your pig and eat it. But if you want to be happy all your life, become a gardener.

Chinese Saying

**2010 Garden Fair
June 4 - 6**

We are in Booth Number 90.

Schedule for Workers:

Thursday

June 3rd - Setup - As many as possible - 5:00 p.m.

Tracy will bring shelves and banner. Jackie will bring 1 table (and plants), HilaireT, PattyB, NancyE, Lynn&Rodney, Bernie, PattyN, Plus anyone else who can come.

Friday

June 4th

2 - 7:00p - 2 people: NancyE, MarleneG,

Saturday

June 5th

8 - 12:00 - 2 people: MaryC, Erin

12 - 5:00p - 2 people: Yvonne and Sandy

Sunday

June 6

8 - 12:30 noon - 2 people: Hilaire and Tracy

12:30 - 5:00p: NancyE, MaryC, PattyN

(For each shift you work, you can pick a plant from those left over, and a Dues Reduction Point)

REMINDER: IF YOU ORDERED PLANTS, PLEASE PICK THEM UP AT THE SETUP ON THURSDAY.

PROGRAMS: June 2010 - May 2011

June 8 6:00 Tour 6:45 Eat	Hibiscus Discussion Leaders: NancyE and Tracy	Potluck	Marlene Garvey's West side
July 13 6:00 Tour 6:45 Eat	Stevia Discussion leaders: Erin, PattyN	Potluck	Erin's East side
August 10 5:30 Tour 6:45 Eat	Mallow (Althea officinalis) Discussion Leaders: Jackie and Yvonne	Potluck	Kristin Urban's East side
September 14 6:00	Horse Radish - Herb of the Year 2011: Make fresh horse radish. Leader:	Treats: Mary C	Location TBA
October 2 10-Noon Saturday	Make sauerkraut at Kristin's Leader: Kristin	Lunch at Basils Discuss: Cruciferrae Family (Cabbage etc)	Kristin Urban's East side
November 9 6:30	Mediterranean Diet Herb Class (from August GBBG) Kristin & Jackie	Healthy Foods Potluck. Recipes will be provided in Sep.	West side location Jackie's (for powerpoint setup)
December 14	Christmas Party	Potluck	Yvonne's East side
	NO JANUARY MEETING		
February 8 TBA 6 - 8	Barnes and Noble Herb Discussion Open to the Public	Herbed treats By all for samples if allowed?	Barnes and Noble across from Bay Park Square
March 8 7:00	Peppers - any/all of them Their uses/tastes/etc Discussion Leaders: Kristin and Sandy	Treats: Jackie, NancyH, Marlene	Yvonne's East side location
April 12 7:00	Soap Making Guest Instructor: Terri Walker from Heart of the Valley Unit	Treats: Patty N, Hilaire	Jackie's West side location
May 7:00	Annual Meeting	Treats: Erin and Yvonne	Green Bay Botanical Garden

Lists of what to bring will be provided in the newsletter.

Guests to September, October, November or April meetings will be charged \$5.00

From the Spring Tea

Since many of us were working, it was requested that the information on the powerpoint be shared with members. Here is Part 1:

Camilla Sinensis The History

- After water, tea is the NUMBER ONE drink in the world
- Father of Tea in China was Emperor Shen Nung. One day a leaf fluttered in his boiling water. He recognized the medicinal qualities of the single leaf at once. At his urging, all of China grew the plant.
- about 2000 years later.... Yeisei, a Buddhist monk enjoyed the drink while traveling in China and brought seeds back to Japan. Because of this, tea has been associated with Zen Buddhism in Japan.
- 1610 - Dutch brought black tea to Holland
- 1636 - Tea hits Paris
- 1662 - Britain - Came with Portuguese Queen Consort to English Charles I. It was a hit.
- Peter Sturtevant first brought tea to the Colonies around the same time.
- The first three millionaires in the Colonies made their money in tea fortunes: T.H. Perkins of Boston, Stephen Girard of Philadelphia and John Jacob Aster of New York
- Iced Tea - 1904 Worlds Fair in St Louis: Tea plantation owner was selling hot tea, but due to heat of day, it was not doing well. Ingeniously, he added ice - - the new "Iced Tea" became a highlight of the 1904 Worlds Fair. Today - 80% of U.S. tea is iced tea
- The Tea Bag - Thomas Sullivan wrapped tea samples in silk and muslin bags for convenience in transporting for sales. Restaurants found it easier to heat the tea in the bags - and the tea bag was born! 95% of tea in the U.S. is in bags.

Additional Miscellaneous Information:

From the Herb Society of America: Starting 1 June, each member will need to create a unique password in order to access the Members Only section of the website. This is part of the new website design enhancements. To do this, your email must be part of the Herb Society data base. We will be sending in a complete list of members, addresses, emails from the list everyone filled out at the May meeting.

July 17th is the Central District Meeting this year in Indianapolis. (Like the meeting that was held in Green Bay last year.) More information is available in the Central District newsletter you should have received last week. If you did not, please email Jackie and she will get one emailed to you.

Interested in Aromatherapy? The Certified Natural Health Professionals will be sponsoring a two day Aromatherapy class in Green Bay on the first weekend in October (eight hours each day). The cost will be \$200 for early registrations. More information will be available soon. See Jackie or Lynn for more information.

ArcaMax Garden Tips

Stay Ahead of Weed

Stay ahead of weed problems. Pulling is best, especially if you throw the residue of your labor into the compost pile. Water the bed before weeding -- weeds will surrender more easily.

What conditions constitute "part shade?"

There are several types of part shade, but in general it describes a place that's sheltered from full sun during mid-day. Examples include a spot that is sunny all morning but shaded after noon, and a spot that receives some sun in the morning and some in late afternoon. Part shade can also include areas under high-branched trees where the sun actually touches the ground in broken patterns throughout the day; this is sometimes called filtered, dappled, or open shade. In cool northern regions some part-sun plants grow well in full sun; conversely, in regions with hot summers even sun-loving plants may prefer part-shade conditions.

Keep Bird Baths Clean

Clean concrete bird baths weekly in hot weather, more often in shady spots or if algae is a problem. To keep the bath safe for bird visitors, take a wire brush and scrape the bath clean, using just a little soap if it's really needed.